PROSPECT PARK YMCA
Summer Camp 2015

WHERE KIDS GO TO GROW

New York City's YMCA
WE'RE HERE FOR GOOD.
$0 REGISTRATION FEE!
Dear Parents/Guardians,

We welcome all of our returning and new campers to our 2015 Summer Camp Programs. We are excited to embark on another summer of fun and learning with you and your children.

From sports and swimming to arts and culture, YMCA camps span a broad range of interests, while focusing on developing young minds and bodies.

In 2014 the YMCA served over 10,000 campers in communities throughout New York City. We are proud that in Park Slope the Prospect Park YMCA will be able to engage your child in a summer of new friendships, skills and exploration.

Thank you for choosing our Y summer camp. We look forward to getting to know your camper!

Sincerely,

Jamel Davis
Youth & Family Director
(212) 912-2587 | jdavis@ymcany.org
In 1885 the YMCA helped to invent summer camp to provide children with positive and fun experiences that build confidence and new friendships. YMCA camp staff have served as positive role models for generations of campers and helped build future leaders.

The centerpiece of YMCA camps are activities that excite and engage your child, giving them a summer filled with fun and adventure. Whether learning a new sport, discovering arts and culture or exploring the best of New York City, YMCA Summer Camps offer an opportunity to build wonderful lifelong memories and a feeling of community that will last beyond the summer.

Each of our camps is accredited by the American Camping Association (ACA) and our staff go through rigorous training to ensure the safety and positive experience of each child.

“She loves camp and doesn’t want to leave at the end of the day. I feel good knowing she is safe and happy while I am at work”
– YMCA Summer Camp Parent

PROGRAMS

Our YMCA camps have something unique to offer for every age group from our Early Childhood to Kindercamp Programs to Teen Camp. Our goal is to meet your child’s developmental needs and provide a foundation for continued learning during the summer months.

Alongside sports, swimming and arts programs, the YMCA offers academic enrichment that is infused throughout the camp day. These programs include summer reading, journal writing and science activities.

Each session you will be given a schedule of activities so you can follow your child’s course of learning and adventure over the summer.

OUR CAMP LOCATIONS

The Prospect Park YMCA Summer Day Camp operates out of the Park Slope Armory YMCA (Swim, Sports and Teen Camp) located at 361 15th Street and P.S. 10 (Adventure, Express, Kinder and Lisabeth Camp).

Our Summer Sleepaway Camp is for youth ages 6-16 from all over the world and is located outside NYC in Huguenot, NY. There is a Counselor In Training (CIT) program for 16 year olds, as well as two villages, McAlister (ages 6-12) and Talcott (ages 12-15), that are located on 1,150 acres of forests and lakes.
WHAT PARENTS NEED TO KNOW ABOUT DAY CAMP
DATES & HOURS OF OPERATION
Prospect Park YMCA Summer Day Camp is an eight-week program that runs from June 29th – August 21st.
Camp hours are from 9:00 am – 5:00 pm.
Extended Day hours are from:
8:00 am – 9:00 am
5:00 pm – 6:00 pm
Late pick ups passed 6:15 pm will be subject to a $25 late fee.

DAY CAMP OPEN HOUSES
• Saturday, February 28th: 10:00 am – 3:00 pm
• Saturday, April 25th: 10:00 am – 3:00 pm
• Saturday, May 16th: 10:00 am – 3:00 pm

REGISTRATION MADE EASY
• Visit the Prospect Park or Park Slope Armory YMCA’s member services desk.
• Select your camp
• Submit a $50 deposit per session you would like your child to attend. This will hold your child’s spot for the designated sessions of camp. $50 deposits are non-refundable.
• Take advantage of the 10% Early Bird discount by paying off your entire balance by May 16, 2015.
• Submit your child’s medical form completed with parent information and signature as well as the doctor’s information, signature and stamp as soon as possible. It’s a good idea to keep extra copies of the medical form for your records.
• Submit two passport size photos of your child.
• The YMCA accepts all major credit cards or you may sign up for automatic billing to ensure payments are made on time with no late fees incurred.

FINANCIAL ASSISTANCE
The YMCA of Greater New York awards scholarships to campers based on the family’s annual income. Pick up a scholarship application at the Branch or download an application online at ymcanyc.org.

DAY CAMP DISCOUNTS
• 10% Early Bird Discount for those who register before the end of the day on Saturday, May 17th and have paid in full.
• 10% Sibling Discount is available for all siblings of the first child registered at full price.
• Discounts cannot be combined and are available only on the cost of camps per session, not on extended day or transportation fees.

GOVERNMENT & UNION VOUCHERS*
We accept ACD, HRA, TWU Local 100, and 1199 SEIU vouchers. You must have your confirmation letter with you at the time of registration. (*Participation varies by Branch.)

REFUNDS AND CREDITS
If your child cannot attend camp for a period of time paid, you may submit a request for credit along with documentation to the Camp Director. Credits can be used for camp or other programs throughout the year. Any credit requests will be submitted to the Camp Director and will be granted under the discretion of the Youth and Family Director. All requests should be made prior to the start of the session.

PARENT ORIENTATION
Attendance at one Parent/Guardian orientation meeting is mandatory. The meetings will be held on the following dates and times:
Saturday, May 16th 6:00 pm
Saturday, June 13th 5:00 pm

CAMP GEAR
Each camper will receive two t-shirts and a camp bag. Swim caps will be provided on the camper’s first day of swim. Camp t-shirts must be worn every day. Additional shirts can be purchased for $10 each or three for $25. Swimmers must have a towel, swimsuit, change of clothing, water shoes and a plastic bag for wet swim gear.
EXPLORE!
PLAY!
GROW!
**SUMMER DAY CAMP**

**KINDER CAMP**
**Ages 4½–5**
Counselor to Child Ratio is 1:5
Kinder camp is designed for children entering into kindergarten in September 2015. Structured day camp activities support the transition to kindergarten by building social and emotional skills in a fun and nurturing environment; including a focus on classroom structure, transitional activities, and group play. Kinder campers will participate in instructional swimming, indoor and outdoor physical fitness, interactive science, literacy activities, theme-based arts and crafts, and local outings. To prepare our young campers for their transition into kindergarten and develop their skill sets and comfort level with city travel, Kinder campers will participate in one field trip by bus each session.

*Cost per 2 week session:
Member: $508  
Non-Member: $581

**ADVENTURE CAMP**
**Ages 9–11**
Counselor to Child Ratio is 1:7
Adventure Campers take part in a balance of scheduled and optional instructional swimming, arts & crafts, music, and environmental science, there is also a wide array of sports, creative arts and character development activities. Field trips throughout the metropolitan area, theme days, and special event offer children a well-rounded summer experience. The program also continues the “R&R” (recreational reading) component helping kids maintain sharp reading skills throughout the summer months.

*Cost per 2 week session:
Member: $457  
Non-Member: $570

**EXPRESS CAMP**
**Ages 6–8**
Counselor to Child Ratio is 1:7
Express Camp is designed for the younger camper. Campers participate in arts & crafts, group games, sports, health & fitness, character development activities, and recreational reading. Children also take part in instructional swimming one day per week and in weekly field trips to nature centers, museums, and local events. As part of our Express Camp, campers also take mini-trips to local playgrounds.

*Cost per 2 week session:
Member: $457  
Non-Member: $570

**LISABETH CAMP**
**Ages 5–12**
Counselor to Child Ratio is 1:2
This 3-week camp runs July 13th to July 31st and is a fully integrated program for children with physical disabilities ages 5–12 years old. Special needs children will have an opportunity to experience summer camp activities which include swimming, trips, and arts and crafts. The program operates for three weeks. We believe every child deserves the opportunity to participate in a safe, caring, and FUN learning environment.

*Cost per 2 week session:
Member: $684  
Non-Member: $684
SWIM CAMP
Ages 7–12
Counselor to Child Ratio is 1:7 for 7–9 yr olds and 1:10 for 10–12 yr olds.

Our Swim Camp helps children develop important swimming skills and a lifetime love of the water, while instilling values around water safety and responsibility. Swim Camp is divided into two age groups: 7–9 & 10–12. Campers will swim four times a week.

The key components of Swim Camp are:
• Personal Safety: Students learn to be safety conscious in and around water. The information forms the basis of accident prevention. Survival skills, self-rescue and boating safety are taught.
• Personal Growth: In learning new skills students build self-esteem. They also learn the consequences of their choices in relation to water safety.
• Stroke Development: Students are taught through stroke techniques. Paddling skills, treading, floating, basic rescue skills and safety using lifejackets are among those taught.
• Water Games: Games are used to enhance skills learned. Retrieving objects underwater and passing a ball are examples of is taught.
• Rescue: Students learn safety techniques – knowing when to yell for help, being able to go to an adult for assistance, reaching and throwing assists.

*Cost per 2 week session:
Member: $508 Non-Member: $581

TEEN CAMP
Ages 12–14
Counselor to Child Ratio is 1:12

Teen Camp is open to 12–14 year. A Teen Camp experience instills the values of accountability and teamwork in addition to the YMCA’s core values of honesty, respect, caring and responsibility. Teen campers participate in hands-on programming geared towards building self-confidence as well as activities designed to engage teens in developing educational and career goals. Field trips are purposeful in connecting teen campers to real-world experiences with technology, art and character development through team-building. Plus swimming, dancing, singing, sports and more!

*Cost per 2 week session:
Member: $457 Non-Member: $518

SPORTS CAMP
Ages 7–12
Counselor to Child Ratio is 1:7 for 7–9 yr olds and 1:10 for 10–12 yr olds.

Our Sports Camp is designed to enhance various sports skills and fundamentals in age-appropriate groups. Through the coaching and support of camp staff with backgrounds or education in sports, campers will learn the history, rules and key skills of different sports; all while practicing their techniques in mini-games. In addition, campers will explore the values of teamwork, good sportsmanship and strong work ethics.

*Cost per 2 week session:
Member: $508 Non-Member: $581

HOLIDAY CAMP
Ages 5–12
Counselor to Child Ratio is 1:8

When public schools are closed, where can your children go? They can go to the Park Slope Armory Holiday Camp! Children ages 5–12 participate in arts and crafts, sports, swimming, trips and special activities. Each Holiday Camp day takes place between 9:00am and 5:00pm. Parents provide a bag lunch & swimsuit (pending pool availability.) The Park Slope Armory YMCA follows the Department of Education’s school schedule. 8am early drop-off and 6pm late pick up is available with an additional fee.

*Cost per session:
Member: $215 Non-Member: $275
A SUMMER OF FUN
## 2015 Summer Day Camp Sessions and Fees

**Camp Offerings**

(Ages 4½–14)

### Camp Sessions

<table>
<thead>
<tr>
<th>Session</th>
<th>Start Date</th>
<th>End Date</th>
<th>Payment Due Date</th>
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<tr>
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<td>July 10, 2015</td>
<td>June 5, 2015</td>
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<td>Session 4</td>
<td>August 10, 2015</td>
<td>August 21, 2015</td>
<td>July 24, 2015</td>
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### Camp Fees Per Session (Every Two Weeks)

Payment in full for each session is due prior to session start date. Past due payments will result in registration cancellation— all camp deposits are nonrefundable.

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<tr>
<th>Camp</th>
<th>Ages</th>
<th>Session 1</th>
<th>Session 2</th>
<th>Session 3</th>
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<td>Lisabeth Camp</td>
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The New York YMCA Camp is located 86 miles outside of NYC on 1,150 forested acres. We are a safe, inclusive and diverse camp community in which children can develop friendships, lifelong skills and cherished memories. Programs offered at New York YMCA Camp are Summer Sleepaway Camp, Specialized Summer Sports Camps (Gymnastics, Rhythmic Gymnastics & Power Tumbling, Volleyball, and Judo), Day Camp for Hudson Valley residents, Outdoor Education, customizable Retreat Groups, and Special Retreat Weekends (Women’s Wellness Weekend, Family Camp). For more information on any of these programs please call 877-30-YCAMP or visit our website at www.nyycamp.org.
PROSPECT PARK SUMMER SLEEPAWAY CAMPS

FAMILY CAMP
Summer 2015 | September 4 – 7
Winter 2015 | February 13 – 16

Strengthen family bonds and have fun at our all-inclusive Summer or Winter Family Camps. Enjoy a weekend with sports, crafts, and special themed activities. In the summer, have fun in the sun on our beautiful beaches where families can swim, tube, and water-ski. When winter gives us snow, XC-skiing, snow-shoeing, and snow-tubing are always family favorites.

PROSPECT PARK SUMMER SLEEPAWAY CAMP

Have an unforgettable summer at New York’s YMCA Camp! Our Summer Sleepaway Camp is for youth ages 6–16 from all over the world and is located outside NYC in Huguenot, NY. There is a Counselor In Training (CIT) program for 16 year olds, as well as two villages, McAlister (ages 6–12) and Talcott (ages 12–15), that are located on 1,150 acres of forests and lakes. Just a sample of activities that we offer are swimming lessons, a wide variety of sports, arts and crafts, outdoor living skills, media program, canoeing, Wibit, and our ropes courses. We also offer specialty programs that include water skiing, horseback riding, and rafting trips for a small additional fee.

### Session Dates

<table>
<thead>
<tr>
<th>Session</th>
<th>Dates</th>
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<tr>
<td>Session 1</td>
<td>June 28 – July 3</td>
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<td>Session 2</td>
<td>July 5 – 17</td>
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<td>Session 3</td>
<td>July 19 – July 31</td>
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<td>Session 4</td>
<td>August 2 – 7</td>
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<td>Session 5</td>
<td>August 9 – 21</td>
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### Pricing

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<th>Tier 1</th>
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<tr>
<td>1 Week</td>
<td>2 Weeks</td>
<td>1 Week</td>
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<tr>
<td>$869</td>
<td>$1599</td>
<td>$769</td>
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**Why three prices?**

New York YMCA Camp realizes that families have differing abilities to pay, so we offer a voluntary 3-tier pricing program. This is strictly an honor system; select the fee you feel is appropriate to what you can pay. The program is voluntary, and in no way influences the experience children receive.

Tier 1 – Is the actual cost of camp for a child to participate
Tier 2 – Is our partially subsidized fee for temporary or minor financial need
Tier 3 – Is our heavily subsidized fee for those in need of more financial assistance

*We offer need-based financial assistance.*
**NATIONAL GYMNASTICS TRAINING CAMP**  
**Girls ages 7 – 17**

We offer world class training for dedicated and determined gymnasts from around the world. Our focus is to support each gymnast to develop new skills and improve existing ones. Every gymnast has the opportunity to train closely with our world class coaches.

Our camp includes 16,000 sq feet of training space, 6 vault stations, 12 beam stations, 4 sets of competition bars, 2 full floor exercises, certified athletic trainers, and medical staff available 24/7, and more. Team rates are available.

<table>
<thead>
<tr>
<th>Tier 1</th>
<th>Tier 2</th>
<th>Tier 3</th>
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<td>$1598</td>
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**WORLD VOLLEYBALL TRAINING CENTER**  
**Ages 10 – 18**

We offer progressive training techniques for all skill levels, position specific training, and video training with personal feedback. We also offer plyometric and weight training opportunities for qualified campers. The Volleyball Select program is for advanced players looking to experience training on the collegiate level.

Our camp includes 6 indoor courts with all new sport court, 5 outdoor grass courts, a training room, certified athletic trainers, and medical attention available 24/7. We offer team packages for full week and half week rates.

<table>
<thead>
<tr>
<th>Tier 1</th>
<th>Tier 2</th>
<th>Tier 3</th>
<th>Team Mini Camp</th>
<th>Team Weekly Camp</th>
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<td>$849</td>
<td>$799</td>
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**RHYTHMIC GYMNASICS & POWER TUMBLING**  
**Ages 7 – 17 | June 28 – July 3**

RGPT Camp includes cardio conditioning and fitness, choreography, beginning and advanced element training, equipment and body mastery, and routine and creative dance development. Our philosophy is to develop the athlete on every level-technically, physically, artistically, and emotionally – and to create a fun, safe, and memorable summer experience.

Our camp includes 2 Rhythmic Gymnastics floors, stall and ballet bars, power tumbling and DMT equipment, full rod floor with run-up and regulation landing area, two Euro DMT with competition run and landing area, trainers and medical staff onsite 24/7.  
Camp Rate: $599

**INTERNATIONAL JUDO CAMP**  
**For players of all ages starting at age 6 | August 9 – August 15**

We offer world class training for athletes from around the world. During daily practice and evening Randori, our coaches evaluate skills to develop an individualized, training program for every camper. Our focus is to support each child and adult to learn new skills and to perfect their existing ones.

Our camp includes Olympic quality Tatami mats, 2 inch Swain flexi-roll mats, weightlifting and cardiovascular training equipment, trainers and medical staff on site 24/7.

Apply before July 1st: $649  
Apply after July 1st: $699

nyycamp.org  
160 Big Pond Rd. Huguenot, NY  
877-30-YCAMP
OUTDOOR ADVENTURE TRIPS
Ages 10 - 15

We offer one or two-week adventure trips where campers experience safe, outdoor activities including mountain biking, hiking, camping, canoeing, whitewater rafting, kayaking, surfing, tubing, high-team adventure and so much more.

<table>
<thead>
<tr>
<th>Trip</th>
<th>Ages</th>
<th>Date</th>
<th>Fee</th>
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<td>Delaware River Adventure</td>
<td>12-15</td>
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<td>Empire State Adventures</td>
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<td>Southeast Adventures</td>
<td>12-15</td>
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<tr>
<td>Introductory Adventures</td>
<td>10-12</td>
<td>August 2 - 7</td>
<td>$719</td>
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<td>Great Lakes Adventures</td>
<td>12-15</td>
<td>August 9 - 21</td>
<td>$1889</td>
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RETREAT CENTER
Year Round, Upstate New York

The Greenkill Retreat Center at the New York YMCA Camp is open year-round with options for day trips, overnights, or multiple-night stays. From activity choices and breakout sessions to lodging, recreation, team building, and meals, we work closely with each group to design a retreat that meets group goals.

OUTDOOR EDUCATION CENTER
September to June, Upstate New York

The Greenkill Outdoor Education Center at the New York YMCA Camp provides safe and educational programs for students through a holistic approach that tailors each trip to a school’s specific needs. Educational programs range from social and emotional development to recreation, to experiential environmental education. Our professional staff focuses on the needs of students and encourages learning in the natural environment.

WOMEN’S WELLNESS WEEKENDS
Spring 2015 | May 15 – 17    Fall 2015 | October 16 – 18

Immerse yourself in nature at one or both of our women’s-only retreat weekends. Activities include arts and crafts, guided hikes throughout our picturesque property, health and wellness sessions, yoga, and more.
DAY CAMP PROMOTIONAL OFFERS!

EARLY BIRD DISCOUNTS*
10% discount for participants who are registered by May 16, 2015 and have paid in full.

SIBLING DISCOUNTS*
10% off each additional sibling. Discounts cannot be combined.

FINANCIAL ASSISTANCE AVAILABLE*
Pick up a scholarship application at the Brach or download an application online at ymcanyc.org.

* DOES NOT APPLY TO SLEEPAWAY CAMP PROGRAMS

YMCANYC.ORG/CAMP TO LEARN MORE!