

AWAKEN SUMMER IMAGINATION

Kick Off Summer With **Healthy Kids Day**®!

APRIL 21, 2018 | Event is **FREE & open to the public**

Are the kids in your life already dreaming of summer? When kids are inspired, they can do anything. Let's awaken their imagination, so they can explore new activities and healthy habits. Join us!

ALL DAY ACTIVITIES 10 AM - 3 PM

WATER DUNK TANK

Outside. Dunk tanks are always a hit. When the ball strikes the target, a person is dunked in the water.

DJ KAYLA

Outside. Kids and families get the chance to jam out to their favorite music.

BOUNCE HOUSE

Outside. Experience the fun! Kids can jump, laugh, have fun, and learn balancing techniques.

OBSTACLE COURSE

Outside. Cones, Hula hoops, scooters and jump ropes to play.

SUMMER CAMP INFO

Outside. It's not too late to sign up for Summer Camp 2018. Traditional, Swim and Sports camp slots available.

ARTS & CRAFTS

Outside. Make fun creations with art and crafts supplies!

KIDS DANCE DEMOS

Outside. Y dance classes range from ballet to jazz to hip-hop. Add tumbling and acrobatics, and you've got moves.

CITY MD

Outside. The neighborhood urgent care walk-in medical clinic when you need a doctor.

GREENPOINT LIBRARY

Outside. Learn about library programs for babies, toddlers and special musical artists performing this Spring at the Greenpoint YMCA.

OUR HARVEST

Outside. Learn about delicious, locally sourced foods.

PHOTO BOOTH

Lobby. Capture all the imagination fun with a take-home photo!

DENTIST

Outside. Learn about advanced dental services for children.

NUTRITIONIST

Outside. Get advice on matters of food and nutrition and their impact on your health.

SPEECH THERAPIST

Outside. Learn about social communication, cognitive communication, and variety of disorders.

TRIBECA PEDIATRICS

Outside. Sharing information and raffling off infant/ toddler CPR & Safety classes.

LOCAL BANKS

Outside. Meet representatives from local banks for info on online banking, checking, accounts, loans and more.

AND MUCH MORE!

SPECIFIC TIME ACTIVITIES

10:30 AM - 2:30 PM FACE PAINTING

Outside. Fun and full face painting in a variety of characters and designs for kids.

11 AM - 12 PM THE REPTILE GUY

Gym. Whether your child has always had a love for reptiles or just curiosity, see this fun, entertaining and highly interactive family show!

11:30 AM - 1:30 PM FDNY TRUCK

Outside. Here's your chance to be on a real fire truck, and learn about fire safety.

12 PM - 1 PM FRUIT, WATER & WRAP

Outside. Enjoy a free lunch courtesy of 3-Decker Restaurant.

2 PM - 3 PM FAMILY ZUMBA®

Outside. Family Zumba features kid-friendly routines based on original Zumba® choreography. We break down the steps, add games, and activities.

2:15 PM - 2:30 PM SHOTOKAN KARATE DEMO

Outside. Watch our kids demonstrate basic punches, strikes, blocks, and kicks while gaining focus, strength, and coordination.

2:30 PM - 4:30 PM FAMILY & YOUTH SWIM

Heated Indoor Pool. Enjoy quality time swimming together as a family.

WIN PRIZES! MOVIE TICKETS, Y SWAG & MORE!

Enter to win an assortment of prizes! Drawing will take place on Healthy Kids Day.

