



# AWAKEN SUMMER IMAGINATION

## Kick Off Summer With **Healthy Kids Day**®!

**APRIL 21, 2018** | Event is **FREE & open to the public**

Are the kids in your life already dreaming of summer? When kids are inspired, they can do anything. Let's awaken their imagination, so they can explore new activities and healthy habits. Join us!

SCHEDULE OF EVENTS	
9:00am - 2:00pm	<b>Child Watch</b> (Ages 6 months - 7 years)
10:00am - 2:45pm	<b>Family Friendly Info</b> (Front Lawn)
10:30 - 11:00am	<b>Zumba Demo</b> (Front Lawn)
11:00am - 2:00pm	<b>Face Painting</b> (Early Childhood Center)
11:00am - 2:45pm	<b>Interactive Camp Activities</b> (Classroom B and D) <b>Healthy Family Snack Center</b> (Classroom C)
11:00am - 2:00pm	<b>Early Childhood Parent</b> (Classroom A)
11:00am - 1:00pm	<b>Basketball Demo</b> (Track)
11:30am - 1:00pm	<b>Football Demo</b> (Backyard)
11:30am - 12:00pm	<b>Exercise Relay Race</b> (Backyard)
12:00 and 1:00pm	<b>Day Camp Parent Orientation</b> (Classroom A)
12:00 - 2:00pm	<b>Pickleball Demo</b> (Tennis Court)
12:30 - 1:30pm	<b>Relay Race</b> (Backyard)
1:00 - 2:30pm	<b>Basketball Demo</b> (Backyard) <b>Hula Hoop Fun</b> (Front Lawn)
2:00 - 3:00pm	<b>Music and Dance</b> (Front Lawn) <b>Jump Rope Fun</b> (Front Lawn)
3:00 - 7:30pm	<b>Family Swim</b> (Pool)

Visit our Membership desk for more information.

LEARN MORE AT [ymcanyc.org/healthykids](http://ymcanyc.org/healthykids)