



AWAKEN SUMMER IMAGINATION

Kick Off Summer With **Healthy Kids Day**®!

APRIL 21, 2018 | Event is **FREE & open to the public**

Are the kids in your life already dreaming of summer? When kids are inspired, they can do anything. Let's awaken their imagination, so they can explore new activities and healthy habits. Join us!

SCHEDULE OF EVENTS

10:00am - 3:00pm	Block Party
10:00am - 12:00pm	DJ spinning, obstacle course set up, bouncy houses & game trucks running.
12:00 - 1:00pm	Zumba (Stage)
1:00 - 1:30pm	Basketball Demo (Gym)
1:15 - 1:30pm	Spin Demo (Stage)
1:45 - 2:15 pm	Kids Yoga Demo (Stage)
2:15 - 2:45 pm	Karate Demo (Stage)

Visit our Membership desk for more information.

LEARN MORE AT ymcanyc.org/healthykids